

05th March 2025

Dear Parents and Carers

Partnerships for Inclusion of Neurodiversity in Schools (PINS) Programme

We are writing to invite you to attend the upcoming parent carer support and information session on **'Social, Emotional and Mental Health - SEMH'**

In this session, we will be exploring social emotional and mental health. What it means, early warning signs to look out for, practical tips to support your child and signposting to services for further support.

The session will be taking place within Bainbridge school on **Tuesday 11th March** at 3.45pm. The session will last approximately 1.5 hours, with an opportunity for Q&A, including talking about individual scenarios. The school has kindly offered to assist with childcare during the session.

Updated - We have made the decision to remove the online meeting option due to previous difficulty with joining connections from outside onto the school networks.

Instead we will be recording ALL the parent carer support sessions from across the PINS schools and will make them available on a private youtube channel. When all the sessions are available, we will let you know via your school's communication chain. Apologies if you had planned to join us online, we want to ensure that you receive the maximum benefit from the sessions, this way you will be able to view all the recordings at your own convenience. We really hope to see you in person on the 11th March!

The session will also be repeated online on Thursday 13th March at 7.00pm [Microsoft Teams Link Here](#)

Just a gentle reminder - the project is for **all** children and young people that have an additional need, including but not limited to:

- Anxiety
- Dyslexia, Dysgraphia, Dyspraxia and Dyscalculia
- Developmental Language Disorder
- Foetal Alcohol Syndrome
- Autism
- Pathological Demand Avoidance
- Speech and language/communication needs
- Social and emotional needs
- ADHD/ADD
- Or any other form of developmental learning differences and needs...

Thankyou and we are really looking forward to meeting you again soon!

[Parent Carer Voice North Yorkshire](#) - Registered Charity: 1201947