



Free CPR and De-Fib Training

We are very excited to have Yorkshire Ambulance coming to deliver two **free** training sessions on CPR and De-fib's:

Tuesday 29th October 2024

Session one - 16:30 - 17:30

Session two - 18:00 - 19:00

Fitness studio,
Yorebridge Sport and Leisure,
Askrigg.

Numbers are limited to 20 per session, and must be pre-booked by emailing admin@yorebridge-sport.co.uk

These sessions are open to the community, please feel free to pass on this information.

Any questions please don't hesitate to get in touch.

The Yorebridge Sports Development Association Limited (YSDA Ltd)
Company No. 5493687, Registered Charity No. 1126795
Yorebridge Sport & Fitness (YSF) is the corporate brand and is owned and managed by YSDA Ltd
Registered Office: The Wensleydale Centre, Yorebridge, Askrigg, Leyburn, DL8 3BJ
Tel: 01969650060, Email: admin@yorebridge-sport.co.uk,
Web: www.yorebridgesportandleisure.co.uk