



Autism
Central



**DAISY
CHAIN**
Autism & Neurodiversity

Learning Workshops

North East & Yorkshire

As part of the Autism Central programme, Daisy Chain provides a range of online learning opportunities covering a variety of topics to help support individuals and families.

These online sessions are free and open to families living in the North East and Yorkshire. Autism Central offers families and carers of autistic people high-quality and easily accessible autism education, training, and support through peer educators, alongside a dedicated website. Peer educators are autistic people, and parents and carers of autistic people, who have been trained to support other families. Daisy Chain Project hub is delivering

Autism Central in the North East & Yorkshire NHS England region. www.autismcentral.org.uk

These online sessions are free and open to families living in North East and Yorkshire.

Please see information below for each individual session, as times, days and delivery methods are varied. You can access our training sessions if you have a young person with traits, undergoing, or diagnosed with autism, ADHD, FASD or sensory processing differences.

Book online: <https://www.daisychainproject.co.uk/event/learning-workshops/>

UPCOMING SESSIONS

- 6th October - Strategies to support eating / 10am-11:30am
- 13th October - ADHD / 10am-11:30am
- 20th October - Sensory / 10am-11:30am
- 23rd October - Girls and Autism / 5pm - 7pm
- 27th October - Communication strategies / 10am-11:30am
- 3rd November - Girls and Autism / 10am-11:30am
- 10th November - Visuals / 10am-11:30am
- 17th November - Introduction to Autism / 10am-11:30am
- 24th November - PDA / 10am-11:30am
- 1st December - Transitions - Preparing for Christmas / 10am-11:30am
- 4th December - Transitions - Preparing for Christmas / 5pm - 7pm
- 8th December - Intro to Autism / / 10am-11:30am
- 15th December - Parent/carer Wellbeing over Christmas / 10am-11:30am
- 22nd December - ADHD / 10am-11:30am